

## INFORMATION FOR COMBAT HAPKIDO STUDENTS

### ICHF MEMBERSHIP

In order to be promoted in rank, a Combat Hapkido student must have an up-to-date membership card in the ICHF. Expiration date is noted on your card. Students must post a valid card on test day. No exceptions. It is the responsibility of students to keep membership up to date.

1 year membership: \$50, no family discounts

3 year membership (new student) \$145, additional family members \$95

3 year membership (renewal) \$95, additional family members \$75

Checks should be made out to GHMA. If mailing, send to: GHMA, PO Box 934, Killingworth, CT 06419

### CLASS APPAREL

Students must wear a school T shirt/sweatshirt (we supply - \$15) and black trousers or leggings, no pockets. Black shorts are acceptable in summer. A stripe is acceptable but not recommended. We suggest Gladiator 8 oz. Combat Pants, black, from Asian World of Martial Arts ([www.awma.com](http://www.awma.com) - SKU 32210). No hoodies except when authorized by the instructor for special self-defense classes.

### EQUIPMENT

Students must bring mouthpiece and shin guards to class. Failure to have such may result in a student being held out of certain elements of training. We suggest Pro Force shin guards, inexpensive. Asian World of Martial Arts is a good supplier. **For Headgear:** Thunder Vinyl Full-Face Boxing Headgear - Black - Small/Medium (SKU 84023) – **must** be purchased from AWMA.